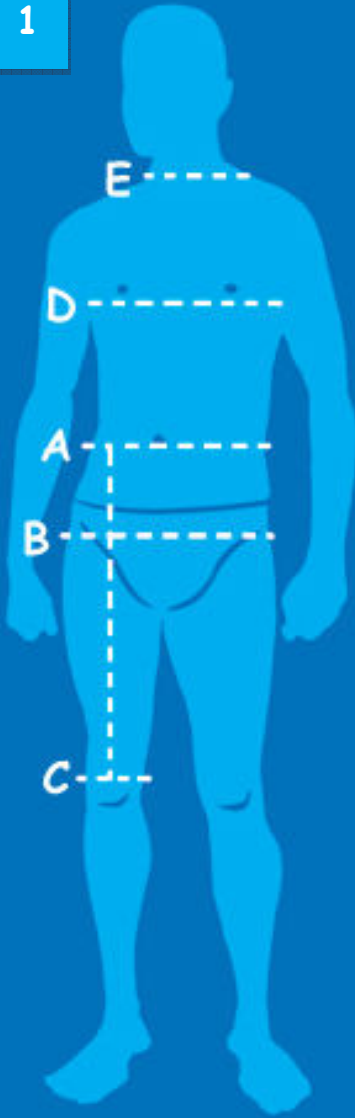




# DIY Kilt Measurement Instructions

## (with a bit of help from a friend)

Fig. 1



**Waist:** A kilt waist measurement is higher than a trouser waist, roughly in line with the navel, and should be quite firm. See Fig. 1, line A.

Your measurement = \_\_\_\_\_ inches

**Hip:** A kilt hip measurement should be round the widest part of the seat, generally in line with the widest part of the hip bones. See Fig. 1, line B.

Your measurement = \_\_\_\_\_ inches

**Knee length\*:** A kilt length should start in line with the waist and should then stop between the top and middle of the knee. This can either be measured while standing (as in Fig. 1, line C) or while kneeling (as in Fig. 2, line C). When kneeling a kilt should start at the kilt waist and just barely touch the floor.

Your measurement = \_\_\_\_\_ inches

**Chest:** A standard chest measurement. See Fig. 1, line D.

Your measurement = \_\_\_\_\_ inches

**Neck:** A standard neck measurement. See Fig. 1, line E.

Your measurement = \_\_\_\_\_ inches

**Arm:** From the curve of the shoulder to the start of the wrist. This should be taken while the arm is bent in front of the body, held as if in a sling. See Fig. 3, line F.

Your measurement = \_\_\_\_\_ inches

**Height:** Overall height

Your measurement = \_\_\_\_\_ foot \_\_\_\_\_ inches

**Shoe size:** Standard shoe size, preferably in UK sizing

Your size = \_\_\_\_\_

Fig. 2

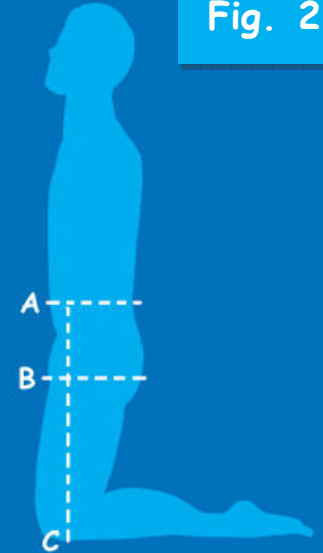
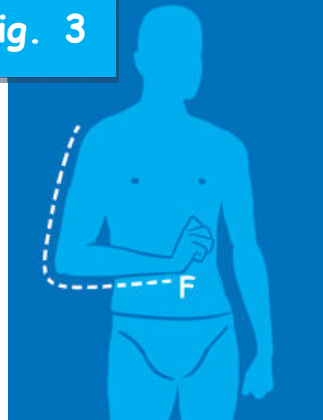


Fig. 3



\* **NOTE:** Knee length is most important measurement to get right and is the one people most often get wrong. Once a kilt is prepared for you to that length, it cannot be altered at the last minute. Have someone else take this measurement for you to ensure that your posture stays straight while the measurement is taken.

**DO NOT** bend forward to watch them take the measurement.